



Internet Safety



Dear families,

The national lockdown has meant that schools have needed to adapt to online teaching and learning quickly. This means that your children are spending a lot of time on devices to access the internet. You have all adapted to this so well and I have seen so many interesting ways in which children have been using their devices. Over the Christmas break, many children around the country will have received new devices for Christmas and will have been using them during lockdown when they might usually go out and play. I for one have used mine a lot more recently too as it's a great way to keep in touch with friends and family! In this document, I have put together some information and links to help you ensure that you are keeping safe when using your devices. Technology is constantly adapting so it is often hard to keep up-to-date with the latest ways to keep an eye on what children can be accessing. I hope that this document will allow children to continue using their devices in a safe way, knowing that families are able to keep an eye on what their children are doing.

If anyone has any questions about setting certain aspects up, please contact me at – swesterman@holytrinity.notts.sch.uk and I will try my best to support you with that.

Thank you,
Mr Westerman



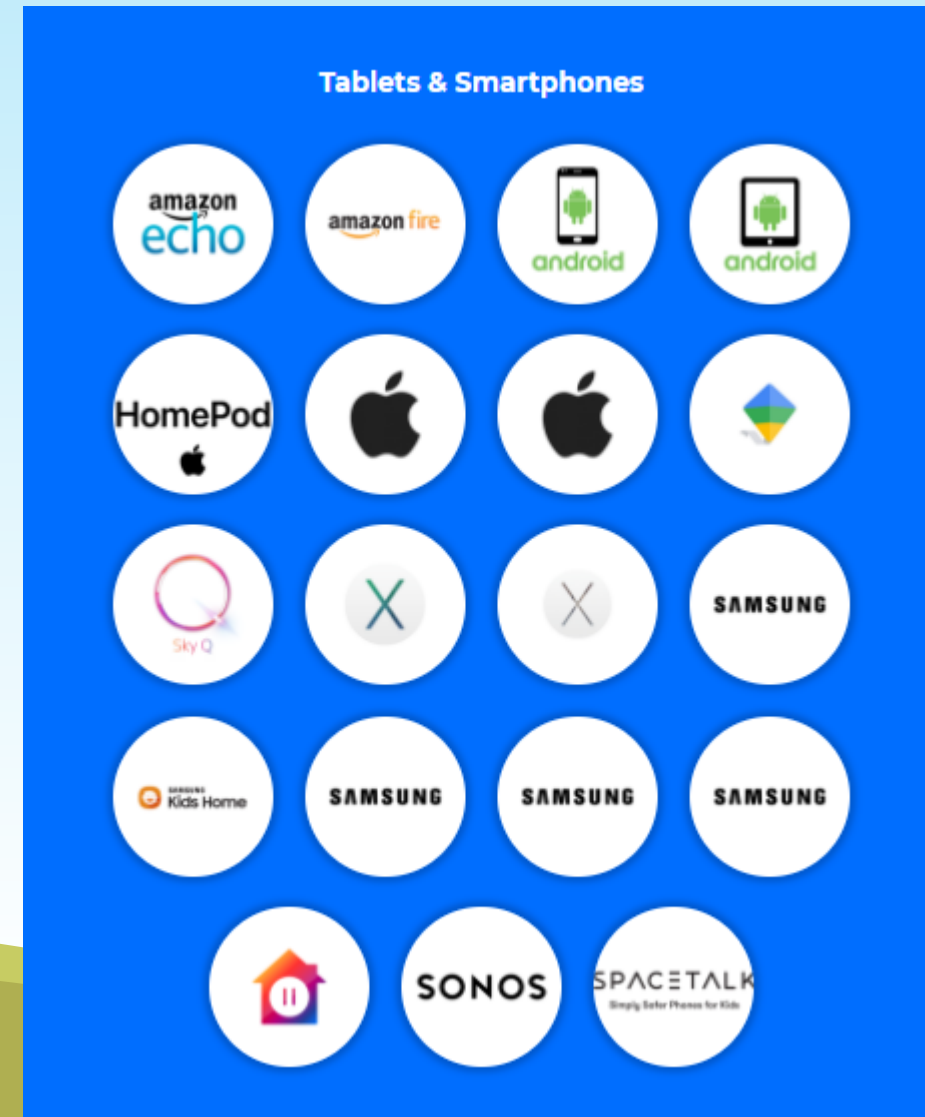
Parental Controls – Smart Phones

<https://www.internetmatters.org/parental-controls/smartphones-and-other-devices/>

There are many different devices that can use the internet at home. From Amazon Alexa devices to mobile phones and even the fridge! Once you click the link you will be able to view all of the different brands of tablets and smartphones.

Find the device your child has and click the little circle, this will talk you through how to set up parental controls.

This will allow you to manage the amount of time they can spend on particular apps, manage spending caps and stop children accessing particular websites.



Parental Controls – Gaming Devices

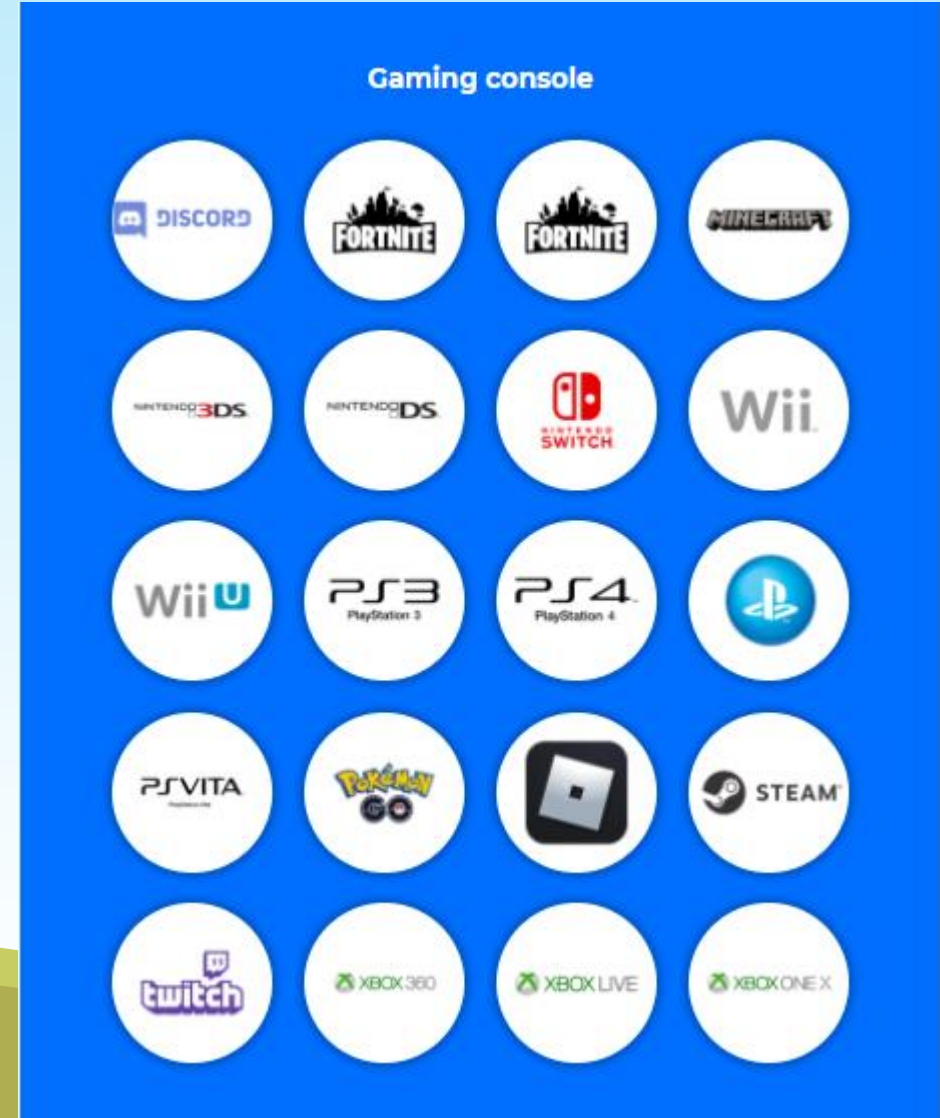
<https://www.internetmatters.org/parental-controls/gaming-consoles/>

Gaming has grown massively over the last decade. Pokémon go took 14 days for 50million users. In comparison it took radio 38 years, TV 13 years, Facebook 3.5 years and YouTube 1 year.

With that incredible amount of people joining new games, such as Fortnite and older rated games such as Call of Duty it is important that you know how to limit what your child can access on their gaming devices.

Xbox and PlayStation have in-game chat which allow the player to talk to anyone within the lobby and Twitch is a live streaming site where gamers share their screen and camera – this is broadcast live and anything can be shared.

The link takes you to a site with the icons (seen on the right) and talks through how to set parental controls on certain devices.





Monitoring Devices

<https://www.internetmatters.org/resources/monitoring-apps-parents-guide/>

This link talks through some apps that you can have installed onto your family devices and allow the parent to track what their child is doing at any given time.




The link talks through multiple apps which vary from free to a fee paying service. Some of the information on this link is fantastic and will help with knowing what your children have been doing online when you're not around.

What do monitoring apps offer families?

Companies producing technology are making huge strides to empower and equip parents to play a crucial role in guiding children to digital health. Whether they are games consoles offering automatic parental controls based on PEGI ratings, routers providing apps to show you exactly who's doing what online, or even smartphone add-ons that let you track where your child is, there has never been more help for parents.

But that's just it. There are so many of these services and settings that it's hard to know where to start. This guide is, therefore, the quick way to find the best of what's on offer for parents with children who have (or will soon have) some kind of smartphone or tablet device.



Enjoy using your devices and remember to keep safe. The most important thing you need to do is be SMART

S

Stay Safe

Don't give out your personal information to people / places you don't know.



M

Don't Meet Up

Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.



A

Accepting Files

Accepting emails, files, pictures or texts from people you don't know can cause problems.



R

Reliable?

Check information before you believe it. Is the person or website telling the truth?



T

Tell Someone

Tell an adult if someone or something makes you feel worried or uncomfortable.

**Follow
these SMART
tips to keep
yourself safe
online!**